

# Pool Schedule

## February 2012

PROGRAM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>LAP SWIM</u> 18+ ONLY	6:00 AM - 1:00 PM 6:30 PM - 7:45 PM	6:00 AM - 1:00 PM 5:00 PM - 7:45 PM	6:00 AM - 1:00 PM 5:00 PM - 7:45 PM	6:00 AM - 1:00 PM 4:00 PM - 7:45 PM	6:00 AM - 1:00 PM 4:00 PM - 6:45 PM	8AM - 3:45 PM	8 AM-1:45PM
<u>Open Swim</u> ~all ages~	6:00 AM - 1:00 PM 6:30 PM 7:45 PM	6:00 AM - 1:00 PM 5:00 PM 7:45 PM	6:00 AM - 1:00 PM 5:00 PM 7:45 PM	6:00 AM - 1:00 PM 4:00 PM 7:45 PM	6:00 AM - 1:00 PM 4:00 PM - 6:45 PM	2:15 PM - 3:45 PM	8 AM -12:30 PM
<u>Aquacise</u> <u>Classes</u> 18+ ONLY Minimum 3 people	<u>Aquacise</u> 8:30AM - 9:15AM <u>Aquacise</u> 11:00AM -11:45AM	<u>Aquacise</u> 8:30AM - 9:15AM <u>Aquacise</u> 11:00AM -11:45AM	<u>Aquacise</u> 8:30 AM - 9:15 AM <u>Aquacise</u> 11:00AM -11:45AM	<u>Aquacise</u> 8:30 AM - 9:15 AM <u>Aquacise</u> 11:00 AM -11:45 AM	<u>Aquacise</u> 8:30 AM - 9:15 AM <u>Aquacise</u> 11:00 AM -11:45 AM		
<u>OTHER</u> <u>PROGRAMS</u> (pool occupied during these times)	<u>School Vacation</u> 2/20-2/24 1:30-3:00PM <u>H.S. Swim Team</u> 3:00-4:45PM <u>Private Swim Lessons</u> Starting 2/27	<u>Pre-School Swim Lessons</u> 3:00-3:45PM <u>After School Swim Lessons</u> 3:45-4:30PM Starting 2/28	<u>H.S. Swim Team</u> 3:00-4:45PM <u>Pre-School Swim Lessons</u> 3:00-3:45PM <u>After School Swim Lessons</u> 3:45-4:30PM Starting 2/28		→	<u>Swim lessons</u> 8:30AM- 10:45AM	\$1.00 Resident Swim 8AM-11:45AM

### Adult/Open Swim/Aquacise

#### Costs:

Adults (18+) \$5 each  
Children (2+) \$3 each

**\*If you have any questions, please contact  
Aquatics Director Melissa Blain  
(413) 583-2072 x 111 or [mblain@ludlowbgc.org](mailto:mblain@ludlowbgc.org)\***

### Pool Rules

- Any person using the pool must follow the posted pool rules.
- Any child 6 years or younger must be with a parent/guardian in the water
- Any child under the age of 16 must be accompanied by a parent/guardian in the pool area.